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**Existing Member  
Online Account Login Directions**

1. If you were a Governors' Waterpark & Fitness Center member before our facility transitioned, an online account has already been prepared in advance for you. **Do not create a new online account.**
  - a. Go to the Governors' Waterpark & Fitness Center Online Account website  
<https://clients.mindbodyonline.com/classic/ws?studioid=677559&stype=-98>
2. Click on "Need Password"
3. Enter the email and exact name associated with your account (if you're not sure what that/those is/are or if you don't have an email associated with your account yet please contact the manager at [Fitness@CassInn.com](mailto:Fitness@CassInn.com) or 701-347-4524.
4. You will then receive an email with a link to create a password for your account.

**Non- or New Member  
(or Non-Primary Account Holder, such as a spouse)  
Online Account Creation**

1. Go to the Governors' Waterpark & Fitness Center Online Account website  
<https://clients.mindbodyonline.com/classic/ws?studioid=677559&stype=-98>
2. Click on "Create An Account"
3. This will take you through the account creation process.

## Purchasing a Membership

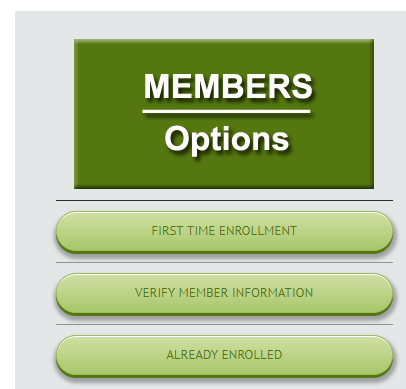
1. If you have not yet created an online account, please see directions on the bottom half of page 2 and follow those instructions first.
2. Contact the fitness center manager at [Fitness@CassInn.com](mailto:Fitness@CassInn.com) or 701-347-4524 to provide contact and billing information and to set up membership.
3. Stop at the fitness center to pick up your key fob(s). You will automatically be billed \$10 for your key fob. If you need an extra key fob you may purchase it through the Online Store at the Governors' Waterpark & Fitness Center Online Account website  
<https://clients.mindbodyonline.com/classic/ws?studioid=677559&stype=-98>

## Purchasing a Group Fitness Session or Punch Card

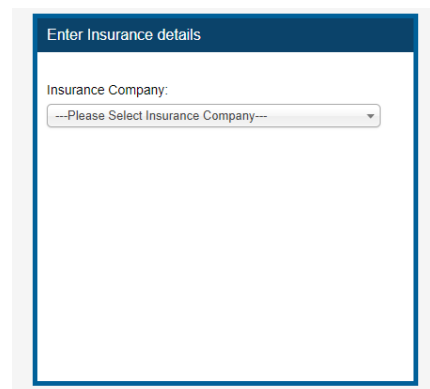
1. If you have not yet created an online account, please see directions on the bottom half of page 2 and follow those instructions first.
2. Login to your online account
3. Click on "Classes" to view the upcoming class schedules and descriptions
4. Click on "Online Store"
5. **Punch cards are available for purchase here.** Once you have purchased a punch card the manager is notified by email. Once notified, the manager will give you permission to enroll in classes and notify you when you're able to do so (typically within 48 hours). This can be done through the online account you created or through the MindBody app which is free to download from the app store. You will use the same login and password as your online account to enter the app.
6. To purchase a group fitness session click on "Services"
7. Select and purchase your session
8. Enroll in all available dates for classes to assure a spot in each. You can always cancel as that individual class draws near and you know you can't or won't make it.
9. Download the MindBody app from the app store that you can use to see schedules, book, cancel, etc. You will use the same login and password as your online account site to enter the app.

## Health Club Credit Enrollment (Insurance \$ Kickback)

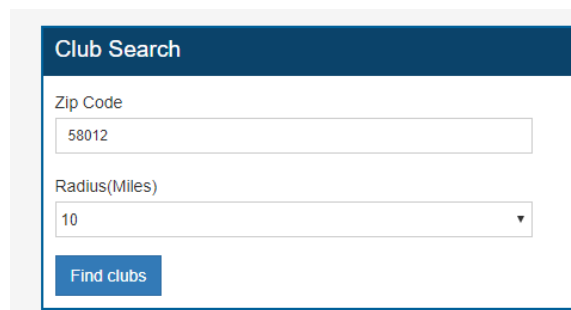
1. Contact your insurance provider to see if you or others on your membership, such as a spouse or significant other, each qualify for a “Health Club Credit” based on your plan(s). Typically, your provider will require you to go to their website and fill out a survey or health assessment of some kind, as well as attend the facility a minimum number of times per month.
2. Go to [NIHCarewards.org](http://NIHCarewards.org)
3. Click on “First Time Enrollment” under Members Options



4. Select your insurance company.

A screenshot of a web form titled "Enter Insurance details". It features a dropdown menu labeled "Insurance Company:" with the text "--Please Select Insurance Company--" and a downward arrow.

5. Enter 58012 into the Zip Code Search Bar and click “Find Clubs”

A screenshot of a web form titled "Club Search". It contains two input fields: "Zip Code" with the value "58012" and "Radius(Miles)" with the value "10". Below the fields is a blue button labeled "Find clubs".

6. Click on "Enroll Online" next to the Governors' Fitness Center

Club	Address	Phone#	Amenities	Action
Governors Fitness Center - Casselton	2050 Governors Dr., , Casselton, North Dakota, 58012	(701) 347-4524		<a href="#">Enroll Online</a>

7. Read through regulations provided, check the consent box and click "Apply"

National Independent Health Club Association (NIHCA) is an in enrollment location search and registration tool.

I understand and consent to the terms stated above.

[Apply](#)

8. Fill out Member Enrollment information.

- a. Fill the "Subscriber ID" box with your insurance ID from your insurance card (YAQ123...)
- b. Contact the Governors' Fitness Center for your "Fitness Center Barcode" number.
  - i. [Fitness@CassInn.com](mailto:Fitness@CassInn.com)
  - ii. 701-347-4524

**Member Enrollment**

First Name  Middle Name  Last Name

Subscriber ID  Fitness Center Barcode

Monthly Membership Dues  
\$

9. Click "Submit" when finished

**\*Your health club credit reimbursement should be credited back monthly into the account you provided. ALL REQUIREMENTS MUST BE MET THROUGH YOUR INSURANCE PROVIDER BEFORE NIHCA WILL PROVIDE THE MONTHLY KICKBACK.**